



# Interactive Learning Labs

## Sessions Overview



## Overview

These sessions provide essential learning for leaders, managers, and teams to build a workplace culture that values neurodivergent talent and reduces barriers for neurodivergent employees.

The main aim is to provide organisations with practical strategies needed to create a neuro-inclusive workplace where neurodivergent employees feel valued, supported, and empowered to thrive.

These sessions offer:

- An engaging experience using word clouds, quizzes and polls to embed the learning.
- An hour full of market-leading content and time for Q&A.
- No cap on attendees, whether delivered in-person or virtually.



## Benefits of engaging with our interactive Learning Labs

- 1 Enhanced Employee Retention & Engagement
- 2 Improved Hiring & Workforce Diversity
- 3 Stronger Workplace Culture & Collaboration
- 4 More Inclusive Communication & Leadership
- 5 Increased Innovation & Problem-Solving



# #1 Inclusive Minds: Embracing Neurodiversity

## Description:

This session explores the importance of neurodiversity in the workplace, emphasizing the value that neurodivergent individuals bring to business and society. It highlights both the strengths and challenges of neurodivergent professionals, outlines the business case for neuroinclusion, and provides actionable strategies to foster a more inclusive, supportive work environment.

## Key Objectives:

- **Increase Awareness and Understanding.**  
Educate attendees on what neurodiversity means and why embracing cognitive differences is crucial for modern organizations.
- **Highlight Business Benefits of Neuroinclusion.**  
Demonstrate how neurodivergent talent contributes to innovation, productivity, and overall business success.
- **Provide Practical Tools for Inclusion.**  
Offer guidance on reducing stigma, supporting disclosure, and building psychologically safe and inclusive workplace cultures.

Duration:	In-person cost:	Virtual cost:
1 hour / session	£600+VAT / session	£500+VAT / session



## #2 Bridging Understanding: How to Talk about Neurodiversity at Work

### Description:

This interactive session explores neurodiversity in the workplace, the benefits of neuro-inclusion, and best practices for fostering an inclusive environment. Participants will learn how to navigate conversations about neurodiversity with confidence, engage in constructive dialogue, and practice active listening. The session will also address combating ableism and stigma, equipping attendees with the tools to create a more supportive and understanding workplace for all.

### Key Objectives:

- To provide employees with language and frameworks for discussing neurodiversity.
- To increase awareness of neurodivergent experiences and perspectives.
- To foster a respectful, inclusive culture where neurodiversity can be openly and comfortably discussed.

Duration:	In-person cost:	Virtual cost:
1 hour / session	£600+VAT / session	£500+VAT / session



## #3 Authenticity Unmasked: Neurodiversity and Psychological Safety in the Workplace

### Description:

This session equips line managers with key neuro-inclusive leadership strategies to foster a supportive and inclusive team culture. Participants will gain a deeper understanding of the challenges and strengths of neurodivergent employees and explore practical approaches to creating an environment where all team members can thrive. Through inclusive leadership practices, managers can drive engagement, productivity, and innovation within their teams.

### Key Objectives:

- To understand the concepts of masking and psychological safety, their reasons and importance for supporting neurodivergent employees.
- To discuss the challenges neurodivergent individuals may face with masking and unmasking in the workplace.
- To provide strategies for creating an inclusive, psychologically safe environment that supports authenticity.

Duration:	In-person cost:	Virtual cost:
1 hour / session	£600+VAT / session	£500+VAT / session



## #4 Neurodiversity in Hiring: How to Recruit and Support Neurodivergent Talent

### Description:

This session highlights the value neurodivergent individuals bring to the workplace and the importance of inclusive hiring practices. Participants will learn practical strategies to create recruitment processes that support neurodivergent candidates and explore steps for providing ongoing post-hire support. By fostering an inclusive environment, organisations can unlock the full potential of neurodivergent employees, enhancing workplace diversity, innovation, and success.

### Key Objectives:

- To raise awareness of the value neurodivergent individuals bring to the workplace.
- To provide practical strategies for creating inclusive hiring processes that support neurodivergent candidates.
- To outline steps for supporting neurodivergent employees' success and well-being post-hire.

Duration:

1 hour / session

In-person cost:

£600+VAT/ session

Virtual cost:

£500+VAT /  
session



## #5 Leading with Inclusion: Neuroinclusive Strategies for Line Managers

### Description:

This session equips line managers with key neuro-inclusive leadership strategies to foster a supportive and inclusive team culture. Participants will gain a deeper understanding of the challenges and strengths of neurodivergent employees and explore practical approaches to creating an environment where all team members can thrive. Through inclusive leadership practices, managers can drive engagement, productivity, and innovation within their teams.

### Key Objectives:

- To introduce line managers to neuro-inclusive leadership principles.
- To provide practical strategies that support neurodivergent team members.
- To enhance awareness of the challenges and strengths of neurodivergent employees, encouraging inclusive practices in team management.

Duration:	In-person cost:	Virtual cost:
1 hour / session	£600+VAT / session	£500+VAT / session





## #6 Silent Barriers: How Microaggressions and Bias Shape Our Interactions

### Description:

This session explores the impact of microaggressions and implicit bias on individuals and workplace culture. Participants will learn to recognise unconscious biases, understand how language and behaviors affect neurodivergent colleagues, and develop strategies for reducing microaggressions. Through practical guidance on using neuro-affirming language, this session empowers attendees to foster a more inclusive and respectful work environment.

### Key Objectives:

- To increase awareness of microaggressions and implicit biases in the workplace.
- To understand how these behaviours impact individuals and workplace culture.
- To provide strategies for recognising and reducing microaggressions and implicit biases in daily interactions.

Duration:	In-person cost:	Virtual cost:
1 hour / session	£600+VAT / session	£500+VAT / session



## #7 Building Neurodiverse Networks: ERG's, Mentorship & Allyship

### Description:

This session explores the vital role of Employee Resource Groups (ERGs), mentorship, and allyship in supporting neurodivergent employees. Participants will learn actionable strategies for developing effective ERGs, creating meaningful mentorship opportunities, and fostering a culture of inclusion. By embracing allyship and structured support systems, organisations can create workplaces where neurodivergent individuals feel valued, empowered, and able to thrive.

### Key Objectives:

- To understand the value of ERGs, mentorship, and allyship in creating a supportive, inclusive environment for neurodivergent employees.
- To provide actionable strategies for developing effective neurodiversity-focused ERGs, mentorship programs, and allyship initiatives.
- To foster a culture of inclusion and belonging for neurodivergent individuals within the organisation.

Duration:	In-person cost:	Virtual cost:
1 hour / session	£600+VAT / session	£500+VAT / session



# Thank you!

We appreciate your time, thoughts, ideas, and contributions to this ambitious project and we look forward to speaking to you again soon.

Please get in touch if you have any thoughts or questions you'd like to raise with us.